

Characteristics of Parents Who Feel a Lack of Communication with Coaches of Youth Sports

Yutaka Yabe, ¹ Yoshihiro Hagiwara, ^{1,2} Takuya Sekiguchi, ¹ Haruki Momma, ³ Masahiro Tsuchiya, ⁴ Kenji Kanazawa, ¹ Shinichirou Yoshida, ¹ Eiji Itoi ¹ and Ryoichi Nagatomi^{2,3}

Communication between parents and their children's coaches is important for children's sports activities, but the relationship between parents and coaches is not well understood. It is possible that parents feel a lack of communication with coaches, which could be due to parents' experience with sports activities or the social environment of the team. This study aimed to elucidate the characteristics of parents who feel a lack of communication with their children's coaches of youth sports. A cross-sectional study was conducted on parents of young athletes (n = 6,641) and multivariate logistic regression analyses were performed to assess factors related to parents' feeling of a lack of communication with their children's coaches. Among the respondents, 29.4% of parents felt a lack of communication with their children's coaches. The factors related to the parents' feeling were a shorter duration of their children playing the present sport, an absence of experience playing the same sport as their children or playing in a team with high competition level, dissatisfaction with their children's attitude towards sports activities, and an awareness of verbal and/or physical abuse by the coaches and bullying by the teammates in their children's team. Parents' previous sports experience and awareness of interpersonal violence in their children's team were associated with their feeling of a lack of communication with coaches. Educating parents on the sport and their roles in youth sport is necessary to make appropriate mutual communication between parents and coaches, which could lead to better circumstances for young athletes.

Keywords: coaches; communication; interpersonal violence; parents; youth sport Tohoku J. Exp. Med., 2021 March, **253**(3), 191-198.

Introduction

Participation in sports has many positive effects on the physical and mental health of children and adolescents (Chan et al. 2012). Through sports activities, children can also improve their self-esteem, learn about cooperation, and engage in team building (Cusimano et al. 2016). However, participation in sports can become a potential source of stress for children and adolescents that can arise from an overemphasis on winning, negative relationships with coaches, parents, or teammates, and interpersonal violence (Ommundsen et al. 2006; Vertommen et al. 2016). These

conditions typically lead to children dropping out from sports activities (Fraser-Thomas et al. 2008; Vitali et al. 2015; Yabe et al. 2019b). Therefore, it is important to create positive sports environments in which young athletes enjoy their experience and are motivated to continue participating, and both coaches and parents are considered to have a great influence on their experience (Chan et al. 2012).

Coaches can facilitate an enjoyable experience for young athletes and also encourage them to take up more challenging activities (Møllerløkken et al. 2017). However, coaches can also induce anxiety or stress in these athletes

Received January 12, 2021; revised and accepted February 13, 2021. Published online March 13, 2021; doi: 10.1620/tjem.253.191. Correspondence: Yoshihiro Hagiwara, Department of Orthopaedic Surgery, Tohoku University School of Medicine, 2-1 Seiryo-machi, Aoba-ku, Sendai, Miyagi 980-8574, Japan.

¹Department of Orthopaedic Surgery, Tohoku University School of Medicine, Sendai, Miyagi, Japan

²Department of Medicine and Science in Sports and Exercise, Tohoku University School of Medicine, Sendai, Miyagi, Japan

³Division of Biomedical Engineering for Health and Welfare, Tohoku University Graduate School of Biomedical Engineering, Sendai, Miyagi, Japan

⁴Department of Nursing, Faculty of Health Science, Tohoku Fukushi University, Sendai, Miyagi, Japan

e-mail: hagi@med.tohoku.ac.jp

^{©2021} Tohoku University Medical Press. This is an open-access article distributed under the terms of the Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International License (CC-BY-NC-ND 4.0). Anyone may download, reuse, copy, reprint, or distribute the article without modifications or adaptations for non-profit purposes if they cite the original authors and source properly. https://creativecommons.org/licenses/by-nc-nd/4.0/

(Mountjoy et al. 2016). In particular, verbal or physical abuse of young athletes is a serious negative behavior seen among coaches (Vertommen et al. 2016; Yabe et al. 2018). At the same time, parents can also work to create a healthy sports environment for their children (Blom et al. 2013); parental support is related to young athletes' enjoyment, motivation, and continuation of sports participation (Gardner et al. 2016). Further, parents are responsible for interpreting sports experience for their children and buffering negative sport-related emotions for young athletes (Kerr and Stirling 2012).

Interpersonal relationships among the parents, coaches, and athletes are considered to be important for youth sports and are referred to as the athletic triangle (Wylleman 2000). There have been some reports concerning the relations between coaches or parents and young athletes (Blom et al. 2013; Gardner et al. 2016). Communication between parents and coaches is also considered important but is not well studied. Since coaches can affect young athletes positively or negatively, parents should get associated with their children's sports activities and especially create a positive relationship with the coaches. Therefore, the purpose of this study was to elucidate the characteristics of parents who felt a lack of communication with coaches of their children's sports team. We hypothesized that some parents may feel a lack of communication with coaches owing to the parents' experience or a lack of experience with sports activities or the environment of the teams to which their children belong, especially concerning interpersonal violence. Clarifying the factors associated with parent-coach communication is meaningful for creating positive sports environments for young athletes.

Methods

Participants

A cross-sectional study was conducted with parents of young athletes on youth sports teams from the Miyagi Amateur Sports Association. Various sports teams belong to this association, with 25,469 young athletes registered to

these teams (ages 6-15 years). This study was one part of a comprehensive survey of young athletes, parents, and coaches to investigate their sports activities, challenges, and opinions. The coaches are usually residents of the area who instruct the young athletes on a volunteer basis. A selfreported questionnaire and informed consent form were mailed to all parents whose children were members of these sports teams in October 2014 (n = 25,469). By December 2014, 6,813 parents (response rate of 26.8%) replied to the questionnaire and provided written consent. Participants with missing data for the questionnaire section pertaining to a lack of communication with coaches were excluded (n = 172), with 6,641 parents finally included in this study (Fig. 1). The study protocol was reviewed and approved by the Ethics Committee for Research of Human Subject at Tohoku University Graduate School of Medicine (approval number: 2013-564).

Measures

Parents' perception of their level of communication with their children's coaches was assessed using the following question: "Do you think you have good communication with the coaches of the team?" The response options were "yes, strongly," "yes, adequate," "no, inadequate," and "no, strongly". If the response to the question was "no, inadequate" or "no, strongly," the parents were regarded as having "a lack of communication with coaches." This question was used to assess whether the parents can talk to and exchange their opinions with the coaches without any hesitation.

The following information was gathered using a self-reported questionnaire and categorized according to the previous report: sex, age, education level, working status, number of years that their children have been playing the present sport for, satisfaction with their children's attitude toward sports activities, previous experience playing the same sports as their children, previous experience playing in a team with high competition level during junior or senior high school, experience of verbal abuse by their for-

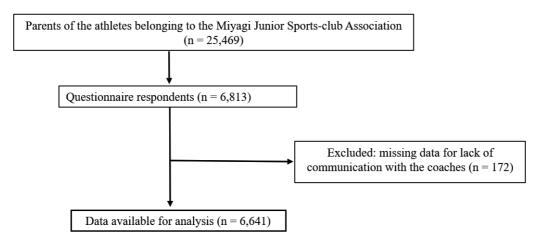


Fig. 1. Flow chart of the study process.

mer coaches, and experience of physical abuse by their former coaches (Yabe et al. 2019a). In addition to the outcomes described above, awareness of verbal and/or physical abuse by the coaches and awareness of bullying by the teammates in their children's team were also enquired by a self-reported questionnaire using the following questions: "Do you think that coaches yell at young athletes on your children's team?," "Do you think that coaches hit or kick young athletes on your children's team?," and "Do you think there is bullying by your child's teammates?". The response options were "yes," "no," and "I do not know". Further, these were categorized into two groups, absence (response "no" or "I do not know") or presence, (response "yes"), respectively.

Statistical analyses

Variables are presented as numbers and percentages (%). Multivariate logistic regression models were used to calculate odds ratios (ORs) and 95% confidence intervals (95% CIs) for parents' feeling of a lack of communication with coaches. Variables included in the model were sex

(female, male, or unknown), age (< 40 years, ≥ 40 years, or unknown), education level (high school or less, college or higher, or unknown), working status (unemployed, employed, or unknown), number of years that their children have been playing the present sports for (< 1 year, 1 to < 3years, 3 to < 5 years, ≥ 5 years, or unknown), satisfaction with their children's attitude towards sports activities (satisfied, unsatisfied, or unknown), experience playing the same sports as their children (absence, presence, or unknown), experience playing on a team with a high competition level during their junior or senior high school days (absence, presence, or unknown), experience of verbal abuse by their former coaches (absence, presence, or unknown), experience of physical abuse by their former coaches (absence, presence, or unknown), awareness of verbal abuse by the coaches of their children's team (absence, presence, or unknown), awareness of physical abuse by the coaches of their children's team (absence, presence, or unknown), and awareness of bullying by their children's teammates (absence, presence, or unknown). Further, we divided the participants into two subgroups by sex (male and female)

Table 1. Participant's baseline characteristics.

Variables	Categories	n (%)
Sex	Female	5,066 (76.3)
	Male	1,564 (23.6)
Age (years)	< 40	2,763 (41.6)
	≥ 40	3,846 (57.9)
Educational level	High school or less	3,309 (49.8)
	College or higher	3,310 (49.8)
Working status	Unemployed	1,244 (18.7)
	Employed	5,382 (81.0)
Number of years that their children have been playing the present sports for (years)	< 1	827 (12.5)
	1 to < 3	2,770 (41.7)
	3 to < 5	1,795 (27.0)
	≥ 5	1,172 (17.6)
Satisfaction with their children's attitude towards sports activities	Satisfied	5,736 (86.4)
	Unsatisfied	888 (13.4)
Experience of playing the same sports their children do	Absence	4,710 (70.9)
	Presence	1,912 (28.8)
Experience of playing in a team with high competition level during their junior or senior high school days	Absence	4,137 (62.3)
	Presence	2,504 (37.7)
Experience of verbal abuse by their former coaches	Absence	2,557 (38.5)
	Presence	3,759 (56.6)
Experience of physical abuse by their former coaches	Absence	4,997 (67.7)
	Presence	1,821 (27.4)
Awareness of verbal abuse by the coaches in the team	Absence	4,645 (69.9)
	Presence	1,975 (29.7)
Awareness of physical abuse by the coaches in the team	Absence	6,357 (95.7)
	Presence	272 (4.1)
Awareness of bullying in their children's team	Absence	6,156 (92.7)
	Presence	478 (7.2)

Because each item has a limited number of respondents, the actual number is not necessarily in accordance with the total.

and examined the association between parents' feeling of a lack of communication with coaches and variables in the same manner. All statistical analyses were performed using SPSS 24.0 (SPSS Japan Inc., Tokyo, Japan), and a p value of < 0.05 was considered statistically significant.

Results

The baseline characteristics of participants are presented in Table 1. Their average age was 40.1 years, and 76.3% were female. Among the respondents, 29.7%, 4.1%, and 7.2% were aware of verbal abuse by coaches, physical abuse by coaches, and bullying by their children's teammates, respectively (Table 1). The proportion of parents who felt a lack of communication with their children's coaches was 29.4% (1,950/6,641). Table 2 presents the associations between parents' feeling of a lack of communication with coaches and the other variables. The number of years that children had been playing their present sport for

was significantly associated with the parents' feeling of a lack of communication with coaches. Using "≥ 5 years" as a reference, the adjusted ORs (95% CIs) were 1.51 (1.26-1.82) in "3 to < 5 years," 2.16 (1.82-2.57) in "1 to < 3 years," and 3.26 (2.64-4.01) in "< 1 year," groups, respectively (p for trend < 0.001). Satisfaction with children's attitude towards sports activities also had a significant association with the parents' feeling of a lack of communication with coaches. Using "satisfied" as a reference, the adjusted OR (95% CI) was 1.43 (1.23-1.67) for "unsatisfied". Further, parents' experience of playing the same sports as their children and previous experience playing on a team with a high competition level had a significant association with parents' feeling of a lack of communication with coaches; using "presence" as a reference, the adjusted ORs (95% CI) were 1.67 (1.46-1.92) and 1.32 (1.17-1.50) for "absence," respectively. Finally, parents' awareness of verbal and physical abuse by coaches and bullying by their

Table 2. Adjusted odds ratios (OR) and 95% confidence intervals (95% CI) for parents' feeling of a lack of communication with the coaches and variables.

Variables	Categories	n	Lack of communication with the coaches	Adjusted OR	p value
			Presence, n (%)	(95% CI)	
Sex	Female	5,066	1,563 (30.9)	1.00	
	Male	1,564	384 (24.6)	0.94 (0.81-1.09)	0.438
Age (years)	< 40	2,763	811 (29.4)	1.00	
	≥ 40	3,846	1,124 (29.2)	1.05 (0.94-1.18)	0.4
Educational level	High school or less	3,309	930 (28.1)	1.00	
	College or higher	3,310	1,014 (30.6)	1.09 (0.97-1.21)	0.141
Working status	Unemployed	1,244	407 (32.7)	1.00	
	Employed	5,382	1,538 (28.6)	0.93 (0.81-1.07)	0.318
Number of years that their children have been playing the present sports for (years)	≥ 5	1,172	219 (18.7)	1.00	
	3 to < 5	1,795	473 (26.4)	1.51 (1.26-1.82)	< 0.001
	1 to < 3	2,770	898 (32.4)	2.16 (1.82-2.57)	< 0.001
	< 1	827	333 (40.3)	3.26 (2.64-4.01)	< 0.001
Satisfaction with their children's attitude towards sports activities	Satisfied	5,736	1,630 (28.4)	1.00	
	Unsatisfied	888	318 (35.8)	1.43 (1.23-1.67)	< 0.001
Experience of playing the same sports as their children	Presence	1,912	411 (21.5)	1.00	
	Absence	4,710	1,531 (32.5)	1.67 (1.46-1.92)	< 0.001
Experience of playing on a team with a high competition level during junior or senior high school	Presence	2,504	618 (24.7)	1.00	
	Absence	4,137	1,332 (32.2)	1.32 (1.17-1.50)	< 0.001
Experience of verbal abuse by their former coaches	Absence	2,557	774 (30.3)	1.00	
	Presence	3,759	1,044 (27.8)	0.97 (0.85-1.11)	0.619
Experience of physical abuse by their former coaches	Absence	4,997	1,333 (26.7)	1.00	
	Presence	1,821	485 (26.6)	1.01 (0.87-1.17)	0.895
Awareness of verbal abuse by their children's coaches	Absence	4,645	1,202 (25.9)	1.00	
	Presence	1,975	742 (37.6)	1.77 (1.57-2.00)	< 0.001
Awareness of physical abuse by their children's coaches	Absence	6,357	1,823 (28.7)	1.00	
	Presence	272	124 (45.6)	1.52 (1.17-1.99)	0.002
Awareness of bullying in their children's team	Absence	6,156	1,739 (28.2)	1.00	
	Presence	478	209 (43.7)	1.75 (1.44-2.14)	< 0.001

Because each item has a limited number of respondents, the actual number is not necessarily in accordance with the total.

children's teammates were significantly associated with parents' feeling of a lack of communication with coaches; with "absence" as a reference, the adjusted ORs (95% CI) were 1.77 (1.57-2.00), 1.52 (1.17-1.99), and 1.75 (1.44-2.14) for "presence," respectively (Table 2). In the subgroup analysis, the proportion of parents who felt a lack of communication with their childrens' coaches was 24.6% (384/1,564) in male and 30.9% (1,563/5,066) in female. When comparing the difference between the results in male and female parents, age was significantly associated with the parents' feeling of a lack of communication with coaches in the male group, but not in the female group. Contrastingly, awareness of physical abuse by coaches was significantly associated with the parents' feeling of a lack of communication with coaches in the female group and not in the male group. In the other variables analyzed, similar results with the whole participants were shown (Tables 3 and 4).

Discussion

The present study revealed that children playing their present sports for a shorter duration, parents' absence of experience playing the same sports as their children or playing on a team with a high competition level during their junior or senior high school, parents' dissatisfaction with their children's attitude towards sports activities, and parents' awareness of verbal and/or physical abuse by coaches and bullying by their children's teammates were significantly associated with parents' feeling of a lack of communication with coaches.

Parents' relationships with coaches have a significant influence on the youth sports environment (Blom et al. 2013). Parents understand their children's perception of the sport and can share relevant information about their children with coaches (Harwood and Knight 2015). Good relationships between parents and coaches are associated with greater enjoyment and continuation of participation for

Table 3. Adjusted odds ratios (OR) and 95% confidence intervals (95% CI) for male parents' feeling of a lack of communication with the coaches and variables.

Variables	Categories	n	Lack of communication with the coaches	Adjusted OR (95% CI)	p value
			Presence, n (%)		
Total		1,564			
Age (years)	< 40	572	125 (21.9)	1.00	
	≥ 40	989	259 (26.2)	1.31 (1.01-1.69)	0.042
Educational level	High school or less	832	196 (23.6)	1.00	
	College or higher	728	186 (25.5)	1.10 (0.87-1.40)	0.435
Working status	Unemployed	14	4 (28.6)	1.00	
	Employed	1,547	379 (24.5)	0.92 (0.26-3.23)	0.898
Number of years that their children have been playing the present sports for (years)	≥ 5	282	46 (16.3)	1.00	
	3 to < 5	416	89 (21.4)	1.36 (0.91-2.04)	0.139
	1 to < 3	677	189 (27.9)	2.02 (1.40-2.93)	< 0.00
	< 1	175	58 (33.1)	2.84 (1.79-4.53)	< 0.00
Satisfaction with their children's attitude towards sports activities	Satisfied	1,273	297 (23.3)	1.00	
	Unsatisfied	285	87 (30.5)	1.41 (1.05-1.90)	0.023
Experience of playing the same sports as their children	Presence	902	183 (20.3)	1.00	
	Absence	658	200 (30.4)	1.64 (1.28-2.10)	< 0.001
Experience of playing on a team with a high competition level during junior or senior high school	Presence	848	188 (22.2)	1.00	
	Absence	716	196 (27.4)	1.25 (0.97-1.60)	0.081
Experience of verbal abuse by their former coaches	Absence	436	119 (27.3)	1.00	
	Presence	1,112	257 (23.1)	0.85 (0.62-1.16)	0.314
Experience of physical abuse by their former coaches	Absence	882	224 (25.4)	1.00	
	Presence	666	152 (22.8)	0.99 (0.74-1.32)	0.950
Awareness of verbal abuse by their children's coaches	Absence	1,084	233 (21.5)	1.00	
	Presence	476	151 (31.7)	1.83 (1.40-2.39)	< 0.00
Awareness of physical abuse by their children's coaches	Absence	1,504	363 (24.1)	1.00	
	Presence	57	21 (36.8)	1.27 (0.69-2.33)	0.44
Awareness of bullying in their children's team	Absence	1,456	345 (23.7)	1.00	
	Presence	105	39 (37.1)	1.66 (1.07-2.58)	0.024

Because each item has a limited number of respondents, the actual number is not necessarily in accordance with the total.

Table 4. Adjusted odds ratios (OR) and 95% confidence intervals (95% CI) for female parents' feeling of a lack of communication with the coaches and variables.

Variables	Categories	n	Lack of communication with the coaches	Adjusted OR (95% CI)	p value
			Presence, n (%)		
Total		5,066			
Age (years)	< 40	2,188	686 (31.4)	1.00	
	≥ 40	2,855	259 (30.3)	0.99 (0.87-1.12)	0.887
Educational level	High school or less	2,475	734 (29.9)	1.00	
	College or higher	2,581	186 (32.0)	1.07 (0.95-1.21)	0.285
Working status	Unemployed	1,229	403 (32.8)	1.00	
	Employed	3,833	1,158 (30.2)	0.93 (0.81-1.07)	0.317
Number of years that their children have been playing the present sports for (years)	≥ 5	888	172 (19.4)	1.00	
	3 to < 5	1,377	383 (27.8)	1.57 (1.27-1.93)	< 0.001
	1 to < 3	2,088	709 (34.0)	2.23 (1.84-2.71)	< 0.001
	< 1	651	275 (42.2)	3.45 (2.73-4.36)	< 0.001
Satisfaction with their children's attitude towards sports activities	Satisfied	4,453	1,331 (29.9)	1.00	
	Unsatisfied	602	230 (38.2)	1.43 (1.19-1.72)	< 0.001
Experience of playing the same sports as their children	Presence	1,008	228 (22.6)	1.00	
	Absence	4,047	1,328 (32.8)	1.69 (1.43-2.00)	< 0.001
Experience of playing on a team with a high competition level during junior or senior high school	Presence	1,655	430 (26.0)	1.00	
	Absence	3,411	1,133 (33.2)	1.36 (1.17-1.56)	< 0.001
Experience of verbal abuse by their former coaches	Absence	2,115	652 (30.8)	1.00	
	Presence	2,642	787 (29.8)	1.00 (0.86-1.16)	0.977
Experience of physical abuse by their former coaches	Absence	3,606	1,106 (30.7)	1.00	
	Presence	1,153	333 (28.9)	1.02 (0.85-1.21)	0.840
Awareness of verbal abuse by their children's coaches	Absence	3,550	966 (27.2)	1.00	
	Presence	1,499	591 (39.4)	1.77 (1.54-2.03)	< 0.001
Awareness of physical abuse by their children's coaches	Absence	4,842	1,457 (30.1)	1.00	
	Presence	215	103 (47.9)	1.60 (1.19-2.16)	0.002
Awareness of bullying in their children's team	Absence	4,690	1,391 (29.7)	1.00	
	Presence	372	170 (45.7)	1.78 (1.42-2.22)	< 0.001

Because each item has a limited number of respondents, the actual number is not necessarily in accordance with the total.

young athletes (Gardner et al. 2016; Lisinskiene et al. 2019). Further, parents can also assist coaches by accepting the coaches' authority and helping their children to resolve the occasional conflicts or frustrations with their coaches (Harwood and Knight 2015). To create a positive relationship between parents and coaches and a healthy sports environment, communication is extremely important. However, the present study demonstrated that as many as 29.4% of parents felt that they did not have good communication with coaches of their children's sports team. Since a lack of communication between parents and coaches has the potential to negatively affect their relationships and the sports environment, it is important to understand the characteristics of parents who feel a lack of communication with coaches.

As far as we know, there are no reports on the factors related to communication between parents and coaches. Shorter duration of the child's involvement with the sport and parents' absence of experience playing the same sports

as their children or playing on a team with high competition level during junior or senior high school were associated with their feeling of a lack of communication with coaches. Blom et al. (2013) reported that parents' interest in their children's sports activities was variable and depended on their degree of involvement in the sport. It is reasonable that parents who are not familiar with their children's sport are likely to be less interested, which could result in a lack of communication with the coaches regarding the sport. Further, parents' dissatisfaction with their children's attitude towards sports activities was associated with their lack of communication with coaches. These parents may also lose interest in their children's sports activities and not effectively communicate with the coaches. Parents can enjoy their children's sports activities more if they understand the sports, including the basic rules, skills, and strategies involved (Smoll et al. 2011). Providing valuable resources on sports such as lectures or educational materials is considered to promote a parent's interest in their children's

sports activities (Smoll et al. 2011), which also promotes better communication with coaches. Further, establishing occasions for parents and coaches to gather, such as regular meetings, is useful to promote effective communication (Blom et al. 2013).

Awareness of verbal and physical abuse by coaches in the children's team was associated with parents' feeling of a lack of communication with coaches. A previous study reported that 21.5% of parents considered that abuse was necessary to improve the abilities of young athletes, while others did not accept such behaviors (Yabe et al. 2019a). The results of the present study may indicate that some parents keep themselves from establishing relationships with coaches due to the coaches' harmful behaviors such as abuse. In particular, parents who were unsatisfied with their children's attitude towards sports activities may not make their opinions known to coaches and will tolerate such abusive behaviors. Additionally, parents' awareness of bullying by their children's teammates was associated with their feeling of a lack of communication with the coaches. Such parents may also avoid establishing relationships with their children's team and coaches.

In the stratified analysis, 30.9% of female parents had a feeling of a lack of communication with coaches, which was higher compared to 24.6% in male parents even though no significant difference was noted in multivariate logistic regression analysis. Further, although similar results with whole participants were shown in each group, higher age was significantly associated with the parents' feeling of a lack of communication with coaches in male parents and not in female parents. In addition, awareness of physical abuse by coaches was significantly associated with the parents' feeling of a lack of communication with coaches in the female group, but not in the male group. Some variables were anticipated to show these differences, and the distribution of the ages and sex of the coaches was expected to affect the results. Further, male parents had higher rates of experience of playing the same sports as their children and playing in a team with a high competition level, and a greater experience of verbal and physical abuse by their former coaches compared to female parents, which were also considered potential reasons for the difference between male and female parents.

Some coaches use controlling coaching styles and verbal and/or physical abuse to toughen athletes (Kerr and Stirling 2012). These strategies are known to be harmful for athletes (Mountjoy et al. 2016). Bullying from teammates is also a negative aspect of sports activities (Stafford et al. 2013, 2015). In this study, 29.7%, 4.1%, and 7.2% of parents were aware of the presence of verbal abuse by the coaches, physical abuse by the coaches, and bullying by the teammates in their children's team, respectively. Parents have a role in supporting their children in resolving conflicts by giving advice and buffering negative emotions (Kerr and Stirling 2012; O'Rourke et al. 2014; Harwood and Knight 2015). However, as parents' awareness of

abuse by coaches or bullying by teammates was associated with their feeling of a lack of communication with the coaches, it is possible that parents become silent bystanders to interpersonal violence, and their non-intervention can possibly encourage such violence (Kerr and Stirling 2012). Educating parents on their role in youth sports is necessary to create a healthy sports environment and healthy relationship with coaches. Parents should recognize interpersonal violence in sports as problematic and share their concerns with the coaches.

The present study had some limitations. First, this study used self-reported questionnaires, which were answered by parents. The reliability and validity of the questionnaires were not confirmed in this study, which may have a negative implication on the accuracy of the results. Further, the recognition of communication with coaches or abuse differed among participants, which may have also affected the results and should be defined clearly in future studies. Second, the response rate was not high, probably because participants were asked to mail their questionnaires. The responders may have had a high awareness of their children's sports activity, which would have lowered the proportion of parents having a lack of communication with coaches. Third, this study was conducted in 2014 in Miyagi Prefecture in Japan, which is an area that had been heavily damaged by a catastrophic earthquake and tsunami in 2011. The disaster influenced the peoples' lives and emotions strongly and might have affected the results of this study. Further, youth sport environment is considered subject to change due to social situations and it is uncertain that the findings of this study will be applicable to the current and forthcoming environment young athletes are usually in. Finally, this study included parents of children involved in youth sports in Japan, and it is not clear whether the results of this study can be generalized to other countries in the world.

In conclusion, parents' previous experience with sports, the number of years their children had been playing the sport, children's attitude towards sports activities, and parents' awareness of interpersonal violence in the team were associated with parents' feeling of a lack of communication with coaches.

Acknowledgments

This study was performed as part of the Miyagi Sports Medical Projects and supported by Asahi Breweries. We would like to thank Editage (http://www.editage.jp) for English language editing. This study was funded by Asahi Soft Drink Co., Ltd.

Conflict of Interest

The authors declare no conflict of interest.

References

Blom, L.C., Visek, A.J. & Harris, B.S. (2013) Triangulation in youth sport: healthy partnerships among parents, coaches, and

practitioners. J. Sport Psychol. Action, 4, 86-96.

- Chan, D.K., Lonsdale, C. & Fung, H.H. (2012) Influences of coaches, parents, and peers on the motivational patterns of child and adolescent athletes. *Scand. J. Med. Sci. Sports*, 22, 558-568.
- Cusimano, M.D., Ilie, G., Mullen, S.J., Pauley, C.R., Stulberg, J.R., Topolovec-Vranic, J. & Zhang, S. (2016) Aggression, violence and injury in minor league ice hockey: avenues for prevention of injury. *PLoS One*, 11, e0156683.
- Fraser-Thomas, J., Côté, J. & Deakin, J. (2008) Understanding dropout and prolonged engagement in adolescent competitive sport. Psychol. Sport Exerc., 9, 645-662.
- Gardner, L.A., Magee, C.A. & Vella, S.A. (2016) Social climate profiles in adolescent sports: associations with enjoyment and intention to continue. *J. Adolesc.*, 52, 112-123.
- Harwood, C.G. & Knight, C.J. (2015) Parenting in youth sport: a position paper on parenting expertise. *Psychol. Sport Exerc.*, 16, 24-35.
- Kerr, G.A. & Stirling, A.E. (2012) Parents' reflections on their child's experiences of emotionally abusive coaching practices. *J. Appl. Sport Psychol.*, 24, 191-206.
- Lisinskiene, A., Lochbaum, M., May, E. & Huml, M. (2019) Quantifying the coach-athlete-parent (C-A-P) relationship in youth sport: initial development of the positive and negative processes in the C-A-P questionnaire (PNPCAP). *Int. J. Environ. Res. Public Health*, **16**, 4140.
- Møllerløkken, N. Lorås, H. & Pedersen, A.V. (2017) A comparison of players' and coaches' perceptions of the coach-created motivational climate within youth soccer teams. Front. Psychol., 8, 109.
- Mountjoy, M., Brackenridge, C., Arrington, M., Blauwet, C., Carska-Sheppard, A., Fasting, K., Kirby, S., Leahy, T., Marks, S., Martin, K., Starr, K., Tiivas, A. & Budgett, R. (2016) International Olympic Committee consensus statement: harassment and abuse (non-accidental violence) in sport. Br. J. Sports Med., 50, 1019-1029.
- O'Rourke, D.J., Smith, R.E., Smoll, F.L. & Cumming, S.P. (2014) Relations of parent- and coach-initiated motivational climates to young athletes' self-esteem, performance anxiety, and autonomous motivation: who is more influential? *J. Appl. Sport Psychol.*, **26**, 395-408.
- Ommundsen, Y., Roberts, G.C., Lemyre, P.N. & Miller, B.W.

- (2006) Parental and coach support or pressure on psychosocial outcomes of pediatric athletes in soccer. *Clin. J. Sport Med.*, **16**, 522-526.
- Smoll, F.L., Cumming, S.P. & Smith, R.E. (2011) Enhancing coach-parent relationships in youth sports: increasing harmony and minimizing hassle. *Int. J. Sports Sci. Coach.*, **6**, 13-26.
- Stafford, A., Alexander, K. & Fry, D. (2013) Playing through pain: children and young people's experiences of physical aggression and violence in sport. *Child Abuse Rev.*, **22**, 287-299.
- Stafford, A., Alexander, K. & Fry, D. (2015) 'There was something that wasn't right because that was the only place I ever got treated like that': children and young people's experiences of emotional harm in sport. *Childhood*, **22**, 121-137.
- Vertommen, T., Schipper-van Veldhoven, N., Wouters, K., Kampen, J.K., Brackenridge, C.H., Rhind, D.J., Neels, K. & Van Den Eede, F. (2016) Interpersonal violence against children in sport in the Netherlands and Belgium. *Child Abuse Negl.*, **51**, 223-236.
- Wylleman, P. (2000) Interpersonal relationships in sport: uncharted territory in sport psychology research. *Int. J. Sport Psychol.*, 31, 555-572.
- Vitali, F., Bortoli, L., Bertinato, L., Robazza, C. & Schena, F. (2015) Motivational climate, resilience, and burnout in youth sport. Sport Sci. Health, 11, 103-108.
- Yabe, Y., Hagiwara, Y., Sekiguchi, T., Momma, H., Tsuchiya, M., Kanazawa, K., Koide, M., Itaya, N., Yoshida, S., Sogi, Y., Yano, T., Onoki, T., Itoi, E. & Nagatomi, R. (2019a) Parents'own experience of verbal abuse is associated with their acceptance of abuse towards children from youth sports coaches. *Tohoku J. Exp. Med.*, **249**, 249-254.
- Yabe, Y., Hagiwara, Y., Sekiguchi, T., Momma, H., Tsuchiya, M., Kuroki, K., Kanazawa, K., Koide, M., Itaya, N., Yoshida, S., Sogi, Y., Yano, T., Itoi, E. & Nagatomi, R. (2018) The characteristics of coaches that verbally or physically abuse young athletes. *Tohoku J. Exp. Med.*, **244**, 297-304.
- Yabe, Y., Hagiwara, Y., Sekiguchi, T., Momma, H., Tsuchiya, M., Kuroki, K., Kanazawa, K., Koide, M., Itaya, N., Yoshida, S., Sogi, Y., Yano, T., Itoi, E. & Nagatomi, R. (2019b) Verbal abuse from coaches is associated with loss of motivation for the present sport in young athletes: a cross-sectional study in Miyagi Prefecture. *Tohoku J. Exp. Med.*, 248, 107-113.