

# **Comprehensive Analysis of Serum Metabolites Profiles in Acute Radiation Enteritis Rats by Untargeted Metabolomics**

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Acute radiation enteritis is a common complication occurring in patients with pelvic and abdominal tumors who receive radiotherapy. Acute radiation enteritis seriously reduces the life quality, even threatens the lives of patients. Untargeted metabolomics is an emerging strategy to explore the novel biomarkers and uncover potential pathogenesis of acute radiation enteritis. Acute radiation enteritis rat model was established by single abdominal irradiation with a gamma-ray dose of 10 Gy. Serum from 15 acute radiation enteritis rats and 10 controls was extracted for metabolomics analysis by UHPLC-Q-TOF/MS. Clinical manifestations and morphological alterations of intestine confirmed the successful establishment of acute radiation enteritis. According to the metabolomics data, 6,044 positive peaks and 4,241 negative peaks were extracted from each specimen. OPLS-DA analysis and the heat map for cluster analysis showed satisfactory discriminatory power between acute radiation enteritis rats and controls. Subsequent analysis extracted 66 significantly differentially expressed metabolites, which might be potential biomarkers for acute radiation enteritis diagnosis. Moreover, Kyoto Encyclopedia of Genes and Genomes enrichment analyses uncovered the potential mechanisms through which differentially expressed metabolites participated in acute radiation enteritis pathogenesis. To sum up, we summarized several differentially expressed serum metabolites as potential biomarkers for diagnosis of acute radiation enteritis and provide latent clues for elucidating acute radiation enteritis pathology.

**Keywords:** acute radiation enteritis; animal model; biomarkers; metabolomics; pathogenesis Tohoku J. Exp. Med., 2021 November, **255** (3), 257-265.

#### Introduction

Radiotherapy is commonly used in comprehensive treatment for common malignancies (Abshire and Lang 2018). For radiotherapy of gastrointestinal cancer, ionizing radiation is often administrated to patient's abdomen or pelvis (Stacey and Green 2014). However, abdominal and pelvic radiation can cause several typical and complex damages in the bowel tissues, which are always known as acute radiation enteritis (ARE). Without treatments, more severer symptoms will develop, such as intestinal fibrosis, intestinal stenosis or perforation, anorectal fistula and intestinal adhesion (Ashburn and Kalady 2016). In patients who received abdominal or pelvic radiotherapy, about 90% developed changes in their bowel habit, and life quality of more than 50% patients was impacted profoundly by ARE (Khalid et al. 2006). The diagnosis of ARE is suspected in patients with nausea, vomiting, abdominal pain, diarrhea, or lower gastrointestinal bleeding after completion of radiotherapy, and established by endoscopy and histology (Hauer-Jensen et al. 2007). However, because endoscopy and histopathologic examinations can cause further injury and discomfort, non-invasive methods are necessary to diagnose ARE.

Because ARE often disrupts metabolism and absorption function of the bowel system, serum levels of certain metabolites change in ARE patients compared to healthy people. Therefore, identification of those differential metabolites will be highly promising to establish diagnostic

Received May 24, 2021; revised and accepted August 24, 2021. Published online December 1, 2021; doi: 10.1620/tjem.255.257. \*These two authors contributed equally to this work.

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biomarkers for ARE. Among various methods applied to assess the metabolites (including mass spectrometry, untargeted metabolomics, targeted metabolomics and imaging metabolomics) (Johnson et al. 2016), metabolomics approach is the most powerful due to its rapid, high throughput and sensitive characteristics (Pannkuk et al. 2017). So far, several studies have identified some metabolomic biomarkers for radiation injury though animal models (Zhang et al. 2014; Jones et al. 2017; Zhao et al. 2017). For example, Laiakis et al. (2012) revealed that radiation injury led to significant change in metabolites of tricarboxylic acid and fatty acids cycle in the urine. Compared with biomarkers in the urine, bioindicators in the serum are more reliable. Several studies demonstrated that serum profiling of metabolites relating to the pyrimidine and tryptophan pathways could be used as candidate indicators of radiation exposure (Ni et al. 2008; Broin et al. 2015). However, all those studies were based on total-body irradiated animal models, and the metabolomics changes in partial radiationinduced ARE models have not been investigated yet.

In the current research, we established a physiologically relevant ARE rat model and analyzed the differentially expressed serum metabolites between ARE and normal rats. We identified 66 significantly differentially expressed metabolites. As a result, we summarized several differentially expressed serum metabolites as potential biomarkers for diagnosis of ARE. In addition, we provided novel insights into the pathology of ARE.

### **Materials and Methods**

### Animal model

Adult male Sprague-Dawley (SD) rats (7-8 weeks) weighing 220-250 g were purchased from Shanghai SLAC Laboratory Animal Co. Ltd (Shanghai, China). All rats were housed in the room maintained at constant temperature and humidity with a 12/12 h light/dark cycle according to the guidelines established by Nanjing Medical University. All experimental procedures were approved by the Supervisory Committee of Nanjing Medical University Animal Council. A total of 25 SD rats were randomly divided into two groups including 10 rats in control group and 15 in ARE group. ARE rat model was established through single abdominal irradiation with a gamma-ray dose of 10 Gy at a rate of 500 cGy/min, while rats in normal group received mock radiation. The fecal condition of each rat was recorded. After the radiation, 4 mL of whole blood was drawn from each rat, and then the rat was euthanized by excessive sodium pentobarbital injection. Hematoxylin and eosin (H&E) staining was applied to assess the alterations in intestinal structure at four days after radiation.

### Serum samples preparation

At 4 days after the radiation, 4 mL of whole blood was drawn from each rat. The whole blood was extracted into anticoagulant-treated tubes. Cells in the whole blood were removed by centrifugation at 4°C (15 min, 2,000  $\times$  g). The supernatant was transferred to sterilized polypropylene tubes. Afterwards, 100 µL of supernatant was taken and mixed with 400  $\mu$ L of ice-cold methanol/acetonitrile (1:1, v/v). The protein in the mixture precipitated out after incubation at -20°C for 1 hour. Protein precipitation was removed by centrifugation at 4°C (20 min,  $14,000 \times g$ ). After the centrifugation, the supernatant was lyophilized and stored at -80°C. Before UHPLC-Q-TOF/MS, the sample was dissolved in 150  $\mu$ L of ice-cold mixture of methanol and acetonitrile (1:1, v/v) with 10  $\mu$ L of internal standard (0.3 mg/mL 2-chloro-1-phenylalanine in methanol). Subsequently, according to Chen et al. (2013), the mixture was ultrasonicated at room temperature for 5 min, followed by incubation at -20°C for 10 min. After that mixture was centrifuged at 4°C (12,000 × g, 10 min). A total of 100  $\mu$ L of supernatant from each tube was collected, filtered through 0.22  $\mu$ m microfilters, and transferred to LC vials.

## UHPLC-Q-TOF/MS analysis

Metabolic profiling of serum specimens was analyzed with an Agilent 1290 infinity LC system coupled with an AB SCIEX Triple time-of-flight 5600 system. Columns (Waters, ACQUITY UPLC BEH Amide 1.7  $\mu$ m, 2.1 mm × 100 mm and Waters, ACQUITY UPLC HSS T3 1.8 µm, 2.1 × 100 mm) were employed. Serum samples were separated by chromatography with the column temperature at 25°C. The mobile phase consisted of 25 mM ammonium acetate and 25 mM ammonia in water (A) and acetonitrile (B). The elution gradient initially was initiated with 95% B for 1 min, linearly decreased to 65% B at 14 min, maintained for 2 min, and then returned to 95% B for 2 min of equilibrium. The delivery flow rate was 300  $\mu$ L/min, and 2  $\mu$ L of aliquot of each sample was injected into the column. Time of flight (TOF)/MS was performed on both positive ion mode and negative ion mode.

Electrospray ionization (ESI) source conditions were set as follows: ion source gas 1, 60 psi; ion source gas 2, 60 psi; curtain gas, 30 psi; source temperature, 600°C; ionspray voltage floating,  $\pm$  5,000 V; TOF MS scan m/z range, 60-1,000 Da; product ion scan m/z range, 25-1,000 Da; TOF/MS scan accumulation time, 0.20 s/spectra; product ion scan accumulation time, 0.05 s/spectra. MS/MS spectra were acquired with information dependent acquisition (IDA) in high sensitivity mode. The parameters were set as follows: declustering potential,  $\pm$  60 V; collision energy, 35  $\pm$  15 eV; exclude isotopes within 4 Da; and candidate ions to monitor per cycle, 6.

## Metabolomics data analysis

The raw UHPLC-Q-TOF/MS data were converted to mzXML files and then processed online using XCMS software. The structures of metabolites were established by searching the support database with accurate mass match ( $\Delta$ m/z < 25ppm) and MS/MS spectra comparison. The XCMS data were processed by Pareto-scaling with

SIMCA-P 14.1 software. Principle component analysis (PCA) was conducted and a heat map of hierarchical clustering analysis was generated for the unsupervised multivariate statistical analysis. Orthogonal partial-least squares discrimination analysis (OPLS-DA) was conducted as a supervised method to identify the important variables with discriminative power, and OPLS-DA model was validated by a permutation test with 200 iterations. The variable importance in the projection (VIP) value of each variable in the OPLS-DA model was calculated to display its contribution to the classification. Metabolites with the VIP value > 1 were further applied to Student's t-test at univariate level to measure the significance of each metabolite. P < 0.05 was considered as statistical significance.

To evaluate the differentially expressed metabolites, Hierarchical Clustering assay was applied to analyze the expression mode of metabolites. We further conducted the metabolomics pathway analysis with the differentially expressed metabolites by Kyoto Encyclopedia of Genes and Genomes (KEGG) analysis.

#### Results

# *Rat model for radiation-induced acute radiation enteritis (ARE)*

Two days after radiation, ARE rats exhibited obvious diarrhea, but the control rats still defecated normally. Compared to control rats, abdominal irradiation caused

obvious edema of intestinal wall and the intestinal contents became thinner (Fig. 1A, B). Further H&E staining indicated a dramatic destruction in the intestinal villi of irradiated animals, whereas the intestinal villi of control rats kept smooth and intact (Fig. 1C, D), which was consistent with Li's findings (Li et al. 2017b). All these results confirmed the occurrence of ARE.

### Quality control of untargeted metabolomics analysis

We applied Pareto scaling and 7-fold cross-validation to establish the PCA model using the molecular features of all the groups from the study, including quality control (QC) samples. The distribution of metabolic profiles for the test samples and QC samples in PCA is exhibited in Fig. 2. All the QC injections were clustered tightly in PCA space. The consistency of the repeated QC injections and reliable data quality across all the specimens uncovered the potency of the metabolic profiling strategy during the experiment. In the end, 6,044 positive peaks and 4,241 negative peaks were extracted using XCMS software.

# Untargeted metabolomics analysis of serum obtained from control and ARE rats

Before analyzing the differentially expressed metabolites, we first validated the algorithm model used in this study by OPLS-DA. As shown in the score plots of OPLS-DA model, clear separation between ARE and nor-



Fig. 1. Difference in bowel morphology between normal (CON) and acute radiation enteritis (ARE) rats. The morphological changes of intestine after four days of radiation. (A, B) Macroscopic images of intestine of representative normal and ARE rats. (C, D) Intestine structure of a representative normal and ARE rats, (H&E staining, ×100).



Fig. 2. Principle component analysis (PCA) score plots based on the UHPLC-Q-TOF/MS data of serum samples. The distribution of metabolic profiles for the test samples and quality control (QC) samples in PCA. (A) Positive ion mode; (B) Negative ion mode. Con, normal rats; ARE, acute radiation enteritis rats; Q2, predictive ability; R2, goodness of fit.



Fig. 3. Multivariate statistical analysis of metabolomics between normal (CON) and acute radiation enteritis (ARE) rats. Orthogonal partial-least squares discrimination analysis (OPLS-DA) score plot derived from UHPLC-Q-TOF/MS-based metabolomics analysis between normal (green circles) and ARE rats (blue circles). (A) Positive ion mode; (B) Negative ion mode. Statistical validation of the OPLS-DA model by permutation testing. (C) Positive ion mode; (D) Negative ion mode.

mal control groups was observed (Fig. 3A, B). Specifically, the explanation rates for Y variable (R2Y) and prediction ability (Q2) were 0.998 and 0.788 in positive ion mode, and 0.997 and 0.866 in negative ion mode, respectively, which confirmed the stability and reliability of the OPLS-DA model. Moreover, the cross-validation through permutations tests (200 times) validated no overfitting of the models (generated intercepts of R2 = 0.995, Q2 = -0.0915 and R2 = 0.973, Q2 = -0.18 for positive and negative ion mode, respectively) (Fig. 3C, D). The heat map of hierarchical

clustering analysis was another useful tool to evaluate the relationship among samples as OPLS-DA model, and reveal the expression differences of metabolites intuitively. In Fig. 4, we can see the similarity between the metabolite abundance profiles, exhibiting a satisfactory discriminatory value between the two groups.



Fig. 4. Heatmap of clustering analysis of ARE rats and normal controls. Cluster assay was used to analyze the expression 66 identified metabolites in normal and ARE groups. (A) Positive ion mode; (B) Negative ion mode. Blue color was used to indicate decreasing of metabolites in ARE group. Red color was used to indicate increasing of metabolites in ARE group.

# Identification of differently expressed serum metabolites and KEGG analysis

Metabolites with the VIP value > 1 were submitted to Student's t-test at univariate to check the differential expression levels. Finally, we totally identified 66 differentially expressed metabolites (VIP > 1, P < 0.05) as potential biomarkers for ARE diagnosis. In positive ion mode, 13 metabolites increased, and 18 metabolites decreased in ARE samples (Table 1), and in negative ion mode, 13 metabolites increased, and 22 metabolites decreased (Table 2). Among all the differentially expressed metabolites, expression levels of anthranilic acid (vitamin L1) and hippuric acid decreased by nearly ten times, showing the most significant changes in positive ion mode and negative ion mode, respectively.

With the KEGG enrichment analysis, 14 pathways related to differentially expressed metabolites were identified. Among all pathways, top enriched terms included central carbon metabolism in cancer, mineral absorption, protein digestion and absorption and so on (Fig. 5). Among them, ABC transporters had the greatest number of overlapped compounds, which might play critical roles in the mechanisms of radiation-induced enteritis.

## Discussion

Metabolomics is one of the most efficient tools to

identify new diagnostic and prognostic markers for various diseases (Li et al. 2015; Sun et al. 2015; Shi et al. 2016; Wilson et al. 2019). Although metabolome analysis is commonly conducted in multiple clinical tissues or biofluids (Brown et al. 2016; Sun et al. 2019), using animal model as a metabolic research vector for ARE demonstrates various advantages, because they are relatively stable and have higher controllability, but also avoid the collection of clinical specimens. Therefore, animal models are appropriate for preliminary ARE studies, based on which candidate biomarkers can be explored. In our study, the symptoms of rats, the intestinal changes of macroscopic images and pathology all confirmed the successful establishment of ARE model.

In this study, we performed an integrated metabolomics analysis in rat ARE model and identified several potential serum biomarkers for ARE diagnosis. Based on the OPLS-DA model, we identified 66 significantly differentially expressed metabolites. The cluster assay manifested obvious different expression of each metabolite between normal and ARE rats. Among all the differentially expressed metabolites, anthranilic acid (vitamin L1) and hippuric acid exhibited the most significant changes, which decreased by nearly ten times. Anthranilic acid is a significant aromatic intermediate in the degradation of tryptophan in kynurenine pathway. Several research revealed its pre-

Name	Description	VIP	Fold change	P-value
M138T542	Anthranilic acid (Vitamin L1)	2.35104	0.105056798	8.46548E-15
M426T426	Cholic acid	1.539	0.223951201	0.000109244
M190T201	1H-Indole-3-propanoic acid	1.63636	0.260969767	3.69516E-07
M468T367	1-Myristoyl-sn-glycero-3-phosphocholine	1.09014	0.344706634	1.30692E-11
M360T754	Cellobiose	2.84827	0.365165177	1.4588E-05
M757T266	PC (16:0/16:0)	1.31477	0.452339803	5.80328E-06
M787T98	1,2-dioleoyl-sn-glycero-3-phosphatidylcholine	2.1203	0.50182228	7.71342E-06
M522T340	1-Oleoyl-sn-glycero-3-phosphocholine	1.59205	0.518717984	2.62806E-09
M123T104	Nicotinamide	1.33369	0.522335307	3.59305E-05
M568T334	1-Stearoyl-sn-glycerol 3-phosphocholine	1.06744	0.527817393	8.50122E-08
M568T347_2	1-Stearoyl-2-hydroxy-sn-glycero-3-phosphocholine	2.90213	0.580982355	2.46018E-06
M759T140	Thioetheramide-PC	4.0512	0.634027766	0.041542231
M116T591	D-Proline	1.58999	0.746984412	0.000318848
M496T358_6	1-Palmitoyl-sn-glycero-3-phosphocholine	7.56858	0.753737104	0.001989698
M134T56	Oxindole	1.1627	0.755107192	0.024023081
M127T184	Thymine	2.15351	0.75949722	0.042436024
M198T586	D-Mannose	2.1822	0.788858491	0.029244988
M162T702	L-Carnitine	2.33122	0.803923678	0.024431148
M204T581_1	Acetylcarnitine	1.30131	1.36286635	2.46186E-05
M213T806	Triethanolamine	1.36728	1.448326428	0.021307703
M263T495_2	L-Norleucine	1.43561	1.454400984	0.009826322
M380T531	D-erythro-Sphingosine-1-phosphate	1.8936	1.549194113	0.000185891
M331T481	DL-Phenylalanine	1.58168	1.599719782	0.010297971
M133T718	L-Asparagine	2.54643	1.711577394	1.59898E-05
M112T456	Cytosine	2.25701	1.776507878	5.20017E-05
M276T732	L-Pyroglutamic acid	1.79598	1.791179823	0.002031896
M245T305	Uridine	1.57054	1.84170737	0.04745144
M216T756	sn-Glycerol 3-phosphoethanolamine	1.60052	1.998519718	0.008724778
M104T511	Choline	1.5913	2.074146034	0.009726898
M811T137	1-Stearoyl-2-oleoyl-sn-glycerol 3-phosphocholine	1.59529	2.363577649	0.014745039
M132T703	Creatine	1.90859	2.492152245	0.003800136

Table 1. Metabolites changed in acute radiation enteritis (ARE) model (positive ion mode).

VIP, the variable importance in the projection.

dictive value in diagnosis of type 1 diabetes mellitus and schizophrenia (Oxenkrug et al. 2015, 2016), but literature reporting its role in radiation injury is not available. Hippuric acid is a major human metabolite, which has been reported as a potential indicator for diabetic kidney disease and multiple sclerosis (Li et al. 2017a; Atya et al. 2018). Hippuric acid is also shown to be related to hepatic radiation injury (Kurland et al. 2015). Gut microbiome abnormalities may cause metabolic disorders (Fan and Pedersen 2021). The abnormal metabolites above may be related to the changes of gut microbiome (Nicholls et al. 2003).

To get a better view of the overall profile of metabolites in ARE, we conducted the metabolomics pathway analysis with the differentially expressed metabolites by KEGG enrichment analysis. We found that most metabolites were enriched into 14 pathways, including central carbon metabolism in cancer, mineral absorption, protein digestion and absorption and so on. Among them, ABC transporters had the greatest number of overlapped compounds. ABC transporters have been identified in many metabolomics studies on different diseases (Alakwaa et al. 2018; Liu et al. 2019). According to the previous literature, ABCA1, a key member of ABC transporters, has point mutation R219K that participates in the mechanisms of radiation-induced dermatitis (Isomura et al. 2008). Their article revealed that ABC transporters might participate in the mechanisms of radiation-induced injury, which is accordant with our findings. Besides, other pathways also exhibited preliminary association with the development of ARE.

This study has several limitations. First, the sample size was small with just 25 SD rats. If more samples are available, more satisfactory results may be obtained. Second, we just analyzed the serum metabolites profiles by untargeted metabolomics, and if comparative analysis with

Name	Description	VIP	Fold change	P-value
M242T458	Cytidine	1.01366	2.273262	0.000211
M103T385	2-hydroxy-butanoic acid	1.04305	1.766476	0.017277
M111T163	Uracil	1.98626	1.763974	0.029072
M199T88	Dodecanoic acid	2.89737	1.715666	0.00509
M103T466	D(-)-beta-hydroxy butyric acid	1.55693	1.630876	0.022899
M154T748	L-Histidine	2.93701	1.4856	0.020178
M303T78	Arachidonic Acid (peroxide free)	8.83898	1.428324	0.01473
M331T77	Adrenic Acid	3.22814	1.420699	0.017129
M116T571	L-Valine	1.36692	1.403015	0.001152
M226T393	Deoxycytidine	1.60153	1.332033	0.002327
M89T495	DL-lactate	1.01463	1.318664	0.03806
M164T482	L-Phenylalanine	1.56677	1.29007	0.008941
M130T496	L-Isoleucine	1.96772	1.284513	0.032208
M141T651_1	2-Oxoadipic acid	3.979	0.909297	6.54E-05
M307T79	11(Z),14(Z)-Eicosadienoic Acid	1.20875	0.800079	0.042495
M213T291	m-Chlorohippuric acid	1.00371	0.775288	0.018977
M161T588	D-Tagatose	1.28494	0.743228	0.000713
M114T593	L-Proline	1.0367	0.734349	0.00015
M179T573	Alpha-D-Glucose	5.19967	0.704439	0.001102
M212T54	Indoxyl sulfate	6.63785	0.610939	0.006602
M297T89	Nname, cis-9,10-Epoxystearic acid	1.44621	0.610299	0.042923
M71T588	Dihydroxyacetone	3.82948	0.593026	0.000439
M432T182	Glycolithocholic acid	3.03497	0.544063	0.003026
M295T88_2	13(S)-HODE	2.281	0.515801	0.002587
M182T78	4-Pyridoxic acid	1.05022	0.509796	0.001129
M465T51	Cholesterol 3-sulfate	2.51353	0.411366	0.019309
M177T199	L-Gulonic gamma-lactone	8.43768	0.399621	0.000332
M451T292	Chenodeoxycholate	2.05113	0.348401	0.001598
M174T744	L-Citrulline	1.33624	0.262892	7.93E-09
M188T203	3-Indolepropionic acid	7.74442	0.250502	4.43E-07
M407T431	Cholic acid	2.16337	0.227481	2.73E-05
M186T211	Indoleacrylic acid	2.72592	0.216533	3.01E-09
M153T51	3,4-Dihydroxybenzoate (Protocatechuic acid)	2.01679	0.202945	1.76E-13
M137T72	Salicylic acid	1.39911	0.186419	1.08E-10
M178T379	Hippuric acid	1.81315	0.102516	5.89E-11

Table 2. Metabolites changed in acute radiation enteritis (ARE) model (negative ion mode).

VIP, the variable importance in the projection.

metabolites profiles of intestinal tissues is performed, the results may be more meaningful. In addition, all data in this study are obtained based on animal samples, which need validation in human samples.

In summary, we observed profiles of serum metabolites in ARE. Several differentially expressed serum metabolite were found as potential diagnostic biomarkers of ARE, and the pathways responsible for ARE development were also explored. These results may provide latent clues for ARE related research and less invasive diagnosis.

# Acknowledgments

This work was supported by Natural Science Foundation of China (No. 81773227), Top Talent Support Program for young and middle-aged people of Wuxi Health Committee (HB2020009), High-end talents of 2020 Taihu Talent Program High-end medical expert team of the 2020 Taihu Talent Plan.

# **Conflict of Interest**

The authors declare no conflict of interest.

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Fig. 5. Pathways related to identified metabolites.

Kyoto Encyclopedia of Genes and Genome (KEGG) analysis enriched all identified metabolites into 14 different pathways. Numbers after each column represent the rich factors.

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